## Love and Logic Parenting Classes

Facilitated by: Rialto Unified School District Therapeutic Behavioral Strategists

## Six sessions designed to help parents equip kids with character, compassion, problem solving skills and more!

## You will learn how to:

- Stay calm when your kids do incredibly upsetting things.
- Help your kids learn from mistakes so they don't repeat them.
- Raise kids who are family members rather than dictators.
- Set enforceable limits.
- Avoid enabling and begin empowering.
- Avoid un-winnable power-struggles and arguments.

Dates: September 8, 15, 22, 29 October 6, 13

Time: 3:00pm - 5:00pm Spanish

3:30pm – 5:30pm English

Location: Virtual via Google Meet

Cost: FREE

This parenting program is designed to give you practical skills that can be used immediately!

To register, please click on the link below:

**Registration Form** 

Registration is limited to the first 15 registrants in each language

Facilitators:

Liliana Mercado – <u>Imercado@rialtousd.org</u> Robin Bowman-Gulley – <u>rbowman2@rialtousd.org</u> Gelcie Hitchman-Gomez – <u>ghitchma@rialtousd.org</u> Jackie Russell – <u>jrussell@rialtousd.org</u>